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ORIGINAL ARTICLE

Adjuvant abemaciclib combined with endocrine therapy for high-risk early breast cancer: updated efficacy and Ki-67 analysis from the monarchE study

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Background: Adjuvant abemaciclib combined with endocrine therapy (ET) previously demonstrated clinically meaningful improvement in invasive disease-free survival (IDFS) and distant relapse-free survival (DRFS) in hormone receptor-positive, human epidermal growth factor receptor 2-negative, node-positive, high-risk early breast cancer at the second interim analysis, however follow-up was limited. Here, we present results of the prespecified primary outcome analysis and an additional follow-up analysis.

Patients and methods: This global, phase III, open-label trial randomized (1 : 1) 5637 patients to adjuvant ET for ≥ 5 years $\pm$ abemaciclib for 2 years. Cohort 1 enrolled patients with ≥ 4 positive axillary lymph nodes (ALNs), or 1-3 positive ALNs and either grade 3 disease or tumor ≥ 5 cm. Cohort 2 enrolled patients with 1-3 positive ALNs and centrally determined high Ki-67 index ($\geq 20\%$). The primary endpoint was IDFS in the intent-to-treat population (cohorts 1 and 2). Secondary endpoints were IDFS in patients with high Ki-67, DRFS, overall survival, and safety.

Results: At the primary outcome analysis, with 19 months median follow-up time, abemaciclib + ET resulted in a 29% reduction in the risk of developing an IDFS event [hazard ratio (HR) = 0.71, 95% confidence interval (CI) 0.58-0.87; nominal $P = 0.0009$]. At the additional follow-up analysis, with 27 months median follow-up and 90% of patients off treatment, IDFS (HR = 0.70, 95% CI 0.59-0.82; nominal $P < 0.0001$) and DRFS (HR = 0.69, 95% CI 0.57-0.83; nominal $P < 0.0001$) benefit was maintained. The absolute improvements in 3-year IDFS and DRFS rates were 5.4% and 4.2%, respectively. Whereas Ki-67 index was prognostic, abemaciclib benefit was consistent regardless of Ki-67 index. Safety data were consistent with the known abemaciclib risk profile.

Conclusion: Abemaciclib + ET significantly improved IDFS in patients with hormone receptor-positive, human epidermal growth factor receptor 2-negative, node-positive, high-risk early breast cancer, with an acceptable safety profile. Ki-67 index was prognostic, but abemaciclib benefit was observed regardless of Ki-67 index. Overall, the robust treatment benefit of abemaciclib extended beyond the 2-year treatment period.

Key words: abemaciclib, adjuvant, CDK4/6, early breast cancer, Ki-67

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INTRODUCTION

Since the introduction of aromatase inhibition in the early 2000s, there have been limited advancements to the standard (neo)adjuvant therapies available for patients with hormone receptor-positive (HR+), human epidermal growth factor receptor 2-negative (HER2−) early breast cancer (EBC).[1] While treatment optimizations including extended endocrine therapy (ET), ovarian suppression in premenopausal patients,[2] and chemotherapy personalization based on clinicopathological and molecular features have further improved outcomes, unmet need exists for those at the highest risk of recurrence.[3,4] Novel strategies are needed to improve outcomes for these patients.

Cyclin-dependent kinase 4 and 6 (CDK4 and 6) inhibitors administered in combination with ET have markedly improved outcomes for patients with HR+, HER2−, advanced breast cancer.[5-7] While small studies in the preoperative setting have also suggested potential activity of CDK4 and 6 inhibitors in EBC, the benefit of these agents in the adjuvant setting remained unknown.[8,9]

To evaluate this important question, monarchE, an open-label, global, phase III, randomized trial comparing adjuvant ET for at least 5 years with or without abemaciclib for 2 years, was conducted in patients with HR+, HER2−, node-positive, high-risk EBC. High risk was defined by a compilation of clinical and pathologic factors including nodal status, tumor size, grade, and a marker of cellular proliferation (Ki-67). Ki-67 has previously been shown to be prognostic of clinical outcome in EBC,[3,10] as well as a predictor of response to neoadjuvant chemotherapy or ET.[11,12] In hormone-sensitive disease, prospective data demonstrated that suppression of Ki-67 in the setting of preoperative ET is prognostic for recurrence-free survival.[12,13] Preoperative abemaciclib has also been shown to substantially lower Ki-67 expression, further suggesting CDK4 and 6 inhibition may be effective in tumors with a high degree of cellular proliferation.[8] Therefore, in monarchE, Ki-67 expression was used together with clinicopathological features, to identify patients with a high risk of recurrence. Ki-67 ≥20% was used to differentiate between low and high values according to the definition from the St Gallen International Expert Consensus.[14]

At a previous preplanned interim analysis, monarchE met its primary endpoint when abemaciclib + ET demonstrated a statistically significant improvement in invasive disease-free survival (IDFS) in the intent-to-treat (ITT) population compared with ET alone.[15] Here, we present updated results from two timepoints: (i) the prespecified primary outcome (PO) analysis and (ii) an additional follow-up analysis, conducted at regulatory request. Outcomes will also be reported from prespecified subpopulations based on Ki-67 levels.

METHODS

Study design and participants

monarchE (Clinicaltrials.gov registration: NCT03155997) included women and men, with HR+, HER2−, EBC at high risk of recurrence according to clinicopathological features.[15] Patients were assigned to one of two cohorts. Cohort 1 enrolled patients with either ≥4 positive axillary lymph nodes (ALNs), or 1-3 positive ALNs and at least one of the following: tumor size ≥5 cm or histologic grade 3. Cohort 2 started enrolling 1 year after cohort 1 and included patients with 1-3 positive ALNs, tumor size <5 cm, grade <3, and a centrally determined high Ki-67 index (≥20%). Ki-67 index was also determined centrally in cohort 1 patients with a suitable breast tumor tissue sample, but Ki-67 determination was not required for enrollment. All patients were required to have radiographic staging between diagnosis and randomization.

The inclusion criteria for selecting the patient population at high risk of recurrence were based on efficacy outcome data from the West German Group (WSG) Plan B trial[3] and the NSABP B-28 trial.[16] Among a subset of the Plan B patient population who satisfied the monarchE criteria for high risk disease, the estimated 5-year IDFS rate was 82.5% [95% confidence interval (CI) 77.8% to 87.2%], reflecting that approximately 17.5% of those patients who were at high risk of recurrence would develop recurrence events within the first 5 years.

This study, including all amendments, was approved by Institutional Review Boards and was conducted in accordance with consensus ethic principles derived from international ethic guidelines, including the Declaration of Helsinki and Council for International Organizations of Medical Sciences (CIOMS) and the International Conference on Harmonisation-Good Clinical Practice (ICH-GCP) Guidelines.

Treatment

Patients were randomized (1 : 1) to receive adjuvant abemaciclib plus ET or ET alone for 2 years (treatment period), with ET prescribed for at least 5 years. Patients were stratified by prior chemotherapy, menopausal status at the time of breast cancer diagnosis, and region. Abemaciclib was administered orally at 150 mg twice daily. ET was administered per physician's choice including antiestrogen agents (e.g. tamoxifen) or aromatase inhibitors, with or without a gonadotropin-releasing hormone agonist per standard practice. Further details about the randomization, stratification, and other study procedures have been previously described.[15]

Ki-67 central assay

Ki-67 index was determined centrally in all suitable untreated breast primary tumor samples using an investigational Ki-67 immunohistochemistry assay developed by Agilent Technologies (formerly Dako; Santa Clara, CA).[17] The assay was carried out in formalin-fixed paraffin-embedded tissue using the anti-Ki-67 antibody, MIB-1, and Negative Control Reagent in an automated platform. Results were interpreted using a light microscope by a certified pathologist using a standardized scoring algorithm involving the evaluation of the entire tissue slide. A cut-off of ≥20% was used to define high Ki-67 index.

Outcomes

The primary endpoint was IDFS per the Standardized Definitions for Efficacy End Points in Adjuvant Breast Cancer Trials (STEEP) criteria in the ITT population (cohorts 1 + 2).[18] Key secondary endpoints included distant relapse-free survival (DRFS), overall survival (OS), IDFS in the Ki-67 high population (both ITT and cohort 1), and safety. All patients who received at least one dose of study treatment were included in the safety analysis. Adverse events (AEs) were graded according to the Common Terminology Criteria for Adverse Events version 4.0.

Statistical analyses

The primary objective of IDFS in the ITT population was met at the second efficacy interim analysis.[15] A secondary objective was to test the superiority of abemaciclib + ET versus ET alone in patients whose tumors had high Ki-67 index in both the ITT population as well as those enrolled in cohort 1. The overall type I error was controlled with gate-keeping strategy for IDFS in the ITT and Ki-67 high populations.

The PO analysis was preplanned at ~390 IDFS events, which was reached on 8 July 2020. At PO, IDFS in the ITT Ki-67 high and cohort 1 Ki-67 high populations was tested sequentially, with two-sided P value boundaries of 0.0424 and 0.0426, respectively, calculated using the method of Slud and Wei.[19] In addition, exploratory analyses evaluated IDFS in cohort 1 patients whose tumors had Ki-67 <20% (cohort 1 Ki-67 low), IDFS in cohort 2 patients, as well as DRFS in the Ki-67 subpopulations.

An additional analysis was conducted in response to regulators, with a data cut-off date on 1 April 2021 (additional follow-up 1 [AFU1]) at which point the majority of patients had discontinued or completed the study treatment period.

For efficacy endpoints, a stratified Cox proportional hazard model was used to estimate the treatment effect hazard ratio (HR). Unless otherwise specified, all P values were reported using a two-sided alpha level and all CIs used a 95% level. Additionally, an exploratory analysis was carried out to estimate the piecewise yearly HR for IDFS and DRFS at AFU1. This analysis breaks the observation period into yearly time intervals and assesses treatment effect within each interval using a Bayesian piecewise exponential model. The reported 95% credible intervals (CrIs) were calculated by equal tails in the posterior samples of the Bayesian exponential model.

RESULTS

A total of 5637 patients were randomized to receive abemaciclib + ET (n = 2808) or ET alone (n = 2829) (Supplementary Figure S1, available at https://doi.org/10.1016/j.annonc.2021.09.015); of those, 5120 were enrolled in cohort 1. Some 44.3% of all randomized patients and 39.1% of patients in cohort 1 had tumors with high Ki-67 index. Within cohort 1, 37.4% of patients had tumors with low Ki-67 index and 23.5% of patients had unavailable Ki-67

index (Supplementary Figure S2, available at https://doi.org/10.1016/j.annonc.2021.09.015).

Baseline demographics and disease characteristics were balanced between the treatment arms in the ITT and ITT Ki-67-high populations (Table 1). In cohort 1, the frequency of grade 3 tumors was higher in patients with Ki-67-high tumors, while the proportion of patients with ≥4 positive lymph nodes was higher in the Ki-67-low population (Supplementary Table S1, available at https://doi.org/10.1016/j.annonc.2021.09.015). Supplementary Figure S3, available at https://doi.org/10.1016/j.annonc.2021.09.015, demonstrates the percentages of patients in cohort 1 with Ki-67-high and -low tumors within each clinicopathological feature.

From the preplanned PO analysis (data cut-off: 8 July 2020) to AFU1 (data cut-off: 1 April 2021), the median follow-up increased from 19 to 27 months. The percentage of patients who were off the study treatment period increased from 40.9% at PO to 89.6% at AFU1, including 4071 (72.2%) who completed the 2-year treatment period and 982 (17.4%) who discontinued prematurely (Supplementary Figure S1, available at https://doi.org/10.1016/j.annonc.2021.09.015). Efficacy data from both PO and AFU1 are presented to show the evolution of the treatment effect over time (Table 2).

Efficacy

Efficacy in the ITT population (PO, median follow-up 19 months). After reaching statistical significance at the interim analysis, abemaciclib + ET continued to demonstrate clinically meaningful benefit in IDFS with a greater magnitude of effect size at PO (Table 2; HR = 0.71, 95% CI 0.58-0.87; nominal P < 0.001). There was also an absolute improvement of 3.0% in the 2-year IDFS rates (abemaciclib + ET: 92.3% versus ET alone: 89.3%). Similarly, abemaciclib + ET continued to demonstrate clinically meaningful benefit in DRFS (Table 2; HR = 0.69, 95% CI 0.55-0.86; nominal P < 0.001), corresponding to an absolute difference of 3.0% at 2 years (abemaciclib + ET: 93.8% versus ET alone: 90.8%).

Efficacy in the ITT population (AFU1, median follow-up 27 months). With 8 months of additional median follow-up, the benefit of abemaciclib + ET was maintained for IDFS (Table 2; HR = 0.70, 95% CI 0.59-0.82; nominal P < 0.0001) and DRFS (Table 2; HR = 0.69, 95% CI 0.57-0.83; nominal P < 0.0001). The Kaplan−Meier (KM) curves (Figure 1A, Supplementary Figure S4A, available at https://doi.org/10.1016/j.annonc.2021.09.015) continued to show the benefit of abemaciclib, even beyond the 2-year study treatment period. With more patients at risk for recurrence at 3 years, the data demonstrated an absolute improvement of 5.4% for 3-year IDFS rates (abemaciclib + ET: 88.8% versus ET alone: 83.4%) and 4.2% for 3-year DRFS rates (abemaciclib + ET: 90.3% versus ET alone: 86.1%). Treatment benefit in IDFS and DRFS was generally consistent across prespecified subgroups (Figure 1B, Supplementary Figure S4B, available at https://doi.org/10.1016/j.annonc.

Table 1. Baseline characteristics

Category	ITT population[d]		ITT Ki-67-high population (≥20%)	
	Abemaciclib + ET $N = 2808$, n (%)[a]	ET alone $N = 2829$, n (%)[a]	Abemaciclib + ET $N = 1262$, n (%)[a]	ET alone $N = 1236$, n (%)[a]
Age, median (range)	51 (23-89)	51 (22-86)	51 (23-88)	51 (24-86)
<65	2371 (84.4%)	2416 (85.4%)	1095 (86.8%)	1070 (86.6%)
≥65	437 (15.6%)	413 (14.6%)	167 (13.2%)	166 (13.4%)
Female	2787 (99.3%)	2814 (99.5%)	1250 (99.0%)	1227(99.3%)
Male	21 (0.7%)	15 (0.5%)	12 (1.0%)	9 (0.7%)
Hormone receptor status				
Estrogen receptor-positive	2786 (99.2%)	2810 (99.3%)	1251 (99.1%)	1224 (99.0%)
Estrogen receptor-negative	16 (0.6%)	17 (0.6%)	8 (0.6%)	11 (0.9%)
Progesterone receptor-positive	2426 (86.4%)	2456 (86.8%)	1062 (84.2%)	1043 (84.4%)
Progesterone receptor-negative	298 (10.6%)	295 (10.4%)	165 (13.1%)	152 (12.3%)
Menopausal status[b,c]				
Premenopausal	1221 (43.5%)	1232 (43.5%)	575 (45.6%)	564 (45.6%)
Postmenopausal	1587 (56.5%)	1597 (56.5%)	687 (54.4%)	672 (54.4%)
Prior chemotherapy[b]				
Neoadjuvant chemotherapy	1039 (37.0%)	1048 (37.0%)	457 (36.2%)	472 (38.2%)
Adjuvant chemotherapy	1642 (58.5%)	1647 (58.2%)	749 (59.4%)	704 (57.0%)
No chemotherapy	127 (4.5%)	134 (4.7%)	56 (4.4%)	60 (4.9%)
Region[b]				
North American/Europe	1470 (52.4%)	1479 (52.3%)	692 (54.8%)	674 (54.5%)
Asia	574 (20.4%)	582 (20.6%)	272 (21.6%)	280 (22.7%)
Other	764 (27.2%)	768 (27.1%)	298 (23.6%)	282 (22.8%)
Positive axillary lymph nodes				
0	7 (0.2%)	7 (0.2%)	2 (0.2%)	2 (0.2%)
1-3	1118 (39.8%)	1142 (40.4%)	672 (53.2%)	668 (54.0%)
≥4	1682 (59.9%)	1680 (59.4%)	588 (46.8%)	566 (45.8%)
Histopathological grade at diagnosis				
Grade 1	209 (7.4%)	216 (7.6%)	60 (4.8%)	53 (4.3%)
Grade 2	1377 (49.0%)	1395 (49.3%)	546 (43.3%)	531 (43.0%)
Grade 3	1086 (38.7%)	1064 (37.6%)	605 (47.9%)	590 (47.7%)
Grade cannot be assessed	126 (4.5%)	141 (5.0%)	49 (3.9%)	56 (4.5%)
Pathologic tumor size				
<2 cm	781 (27.8%)	767 (27.1%)	384 (30.4%)	371 (30.0%)
2-5 cm	1372 (48.9%)	1419 (50.2%)	664 (52.6%)	663 (53.6%)
≥5 cm	607 (21.6%)	610 (21.6%)	199 (15.8%)	185 (15.0%)
Ki-67 index				
<20%	953 (33.9%)	974 (34.4%)		
≥20%	1262 (44.9%)	1233 (43.6%)	1262 (100.0%)	1236 (100.0%)
TNM stage (derived[e])				
IA	2 (0.1%)	1 (0.0%)	2 (0.2%)	0 (0.0%)
IIA	324 (11.5%)	353 (12.5%)	225 (17.8%)	235 (19.0%)
IIB	392 (14.0%)	387 (13.7%)	258 (20.4%)	252 (20.4%)
IIIA	1029 (36.6%)	1026 (36.3%)	356 (28.2%)	340 (27.5%)
IIIB	99 (3.5%)	88 (3.1%)	37 (2.9%)	34 (2.8%)
IIIC	950 (33.8%)	963 (34.0%)	379 (30.0%)	367 (29.7%)

ET, endocrine therapy; ITT, intent-to-treat; n, number of patients; N, number of patients in population; TNM, tumor, node, metastasis.
[a] Where values do not add up to 100%, remaining data are missing, unavailable, or could not be assessed.
[b] Per interactive web response system.
[c] Menopausal status is at the time of diagnosis and all males are considered postmenopausal.
[d] Thirty-eight patients were found not to meet the high risk criteria and hence were considered ineligible but were included in the ITT population.
[e] Derived TNM stage based on the pathological tumor size and number of positive lymph nodes.

2021.09.015). Bone and liver were the most common sites of distant recurrence with fewer recurrences in the abemaciclib arm (Supplementary Table S2, available at https://doi.org/10.1016/j.annonc.2021.09.015). OS data remained immature as the required number of events was not reached at the time of this analysis.

The piecewise HR estimates within each year for IDFS demonstrated increasing magnitude of effect size over time: from the first year (0-1 year HR = 0.80, 95% CrI 0.59-1.03) to the second year (1-2 year HR = 0.68, 95% CrI 0.52-0.87), and strengthened beyond the 2-year study treatment period (2+ year HR = 0.60, 95% CrI 0.40-0.86). Similarly,

there was also an evolution of the piecewise DRFS HR estimates from the first year (0-1 year HR = 0.73, 95% CrI 0.52-0.99) to the second year (1-2 year HR = 0.68, 95% CrI 0.51-0.88), which further persisted beyond the 2-year study treatment period (2+ year HR = 0.69, 95% CrI 0.45-1.03).

Efficacy in the ITT Ki-67-high population. At PO, abemaciclib + ET significantly reduced the risk of developing an IDFS event by 31% (HR = 0.69, 95% CI 0.52-0.92, two-sided $P = 0.0111$) for the prespecified, alpha-controlled, ITT Ki-67-high population. Two-year IDFS rates were 91.6% in the abemaciclib arm and 87.1% in the control

Table 2. Evolution of IDFS and DRFS data in the intent-to-treat population at PO and AFU1				
	Primary outcome		Additional follow-up 1	
Data cut-off date	8 July 2020		1 April 2021	
Patients off study treatment period	41.0%		89.6%	
Completed 2-year study treatment period	25.5%		72.2%	
Efficacy results	Abemaciclib + ET	ET alone	Abemaciclib + ET	ET alone
Median follow-up, months	19.1		27.1	
IDFS				
Events, n	163	232	232	333
IDFS rates, % (95% CI)				
• 2-year	92.3 (90.9-93.5)	89.3 (87.7-90.7)	92.7 (91.6-93.6)	90.0 (88.8-91.1)
• 3-year	Not estimable	Not estimable	88.8 (87.0-90.3)	83.4 (81.3-85.3)
HR (95% CI)	0.71 (0.58-0.87)		0.70 (0.59-0.82)	
P value	[a]Nominal P value = 0.0009		[a]Nominal P value <0.0001	
DRFS				
Events, n	131	193	191	278
DRFS rates, % (95% CI)				
• 2-year	93.8 (92.6-94.9)	90.8 (89.3-92.1)	94.1 (93.2-95.0)	91.6 (90.5-92.6)
• 3-year	Not estimable	Not estimable	90.3 (88.6-91.8)	86.1 (84.2-87.9)
HR (95% CI)	0.69 (0.55-0.86)		0.69 (0.57-0.83)	

AFU1, additional follow up 1; DRFS, distant relapse-free survival; HR, hazard ratio; IDFS, invasive disease-free survival; PO, primary outcome.
[a] The primary efficacy endpoint was statistically significant at interim analysis 2.

arm; with an absolute improvement of 4.5%. At AFU1, the clinically meaningful benefit in IDFS was of greater magnitude (Figure 2A; HR = 0.66, 95% CI 0.52-0.84; nominal P = 0.0006), with an absolute improvement of 6.0% in 3-year IDFS rates. Consistently, there was a 36% reduction in the risk of developing a DRFS event (Supplementary Table S3, available at https://doi.org/10.1016/j.annonc.2021.09.015; HR = 0.64, 95% CI 0.49-0.83; nominal P = 0.0006) with an absolute improvement of 4.0% in the 3-year DRFS rates.

Efficacy in the cohort 1 Ki-67-high and -low populations. At PO, abemaciclib + ET significantly reduced the risk of developing an IDFS event in the prespecified, alpha-controlled, cohort 1 Ki-67-high population by 36% (HR = 0.64, 95% CI 0.48-0.87; two-sided P = 0.0042). The 2-year IDFS rates were 91.3% in abemaciclib + ET and 86.1% in ET alone, with an absolute improvement of 5.2% at PO. Similarly, abemaciclib benefit was observed in the cohort 1 Ki-67-low population, with 31% reduction in the risk of developing an IDFS event (HR = 0.69, 95% CI 0.46-1.02; nominal P = 0.059) and an absolute difference in 2-year IDFS rate of 2.8% (94.8% in abemaciclib + ET and 92.0% in ET alone).

At AFU1, analyses of Ki-67 subpopulations in cohort 1 showed consistent results with PO. The clinically meaningful benefit in IDFS and DRFS in the cohort 1 Ki-67-high population was maintained (Figure 2B; IDFS HR = 0.63, 95% CI 0.49-0.80; nominal P = 0.0002 and Supplementary Table S3, available at https://doi.org/10.1016/j.annonc.2021.09.015; DRFS HR = 0.60, 95% CI 0.46-0.79; nominal P = 0.0002), with an absolute improvement of 7.1% and 5.2% in 3-year IDFS and DRFS rates, respectively. Numerical benefit was also observed in the cohort 1 Ki-67-low population (IDFS HR = 0.70, 95% CI 0.51-0.98; nominal P = 0.036), suggesting that abemaciclib + ET resulted in an IDFS benefit regardless of the Ki-67 index in cohort 1 (Figure 3). In addition, the 3-year IDFS rates in the control arm suggested

that patients with Ki-67-high tumors had a higher risk of developing an IDFS event than those with Ki-67-low tumors (79.0% versus 87.2%, respectively), thus indicating the prognostic value of Ki-67 in this patient population. The data for IDFS in cohort 2 remained immature.

Safety

At AFU1, the median duration of abemaciclib and ET in both arms was 24 months. A higher incidence of grade ≥3 AEs and serious AEs was observed with abemaciclib + ET versus ET alone (50% versus 16% and 15% versus 9%, respectively). The most frequent AEs were diarrhea, neutropenia, and fatigue in the abemaciclib arm, and arthralgia, hot flush, and fatigue in the control arm (Supplementary Table S4, available at https://doi.org/10.1016/j.annonc.2021.09.015). In total, 181 patients (6.5%) in the abemaciclib + ET arm and 30 patients (1.1%) in the control arm discontinued from the 2-year study treatment period due to AEs.

DISCUSSION

At the prespecified PO analysis of monarchE, with a median follow-up of 19 months and 41% of patients off study treatment, abemaciclib + ET reduced the risk of developing an IDFS event by 29%. At the AFU1, with a longer median follow-up of 27 months and 90% of patients having completed or discontinued from the study treatment period, the benefit of abemaciclib + ET was confirmed in terms of IDFS (30% risk reduction) and DRFS (31% risk reduction). The separation of the KM curves, in addition to the increasing magnitude of yearly piecewise HR estimates, demonstrates the continued treatment benefit over time that extended beyond the 2-year treatment period of abemaciclib.

The observed improvement in IDFS to date reflects abemaciclib was efficacious in preventing early recurrence in patients with primary resistance to ET as defined by
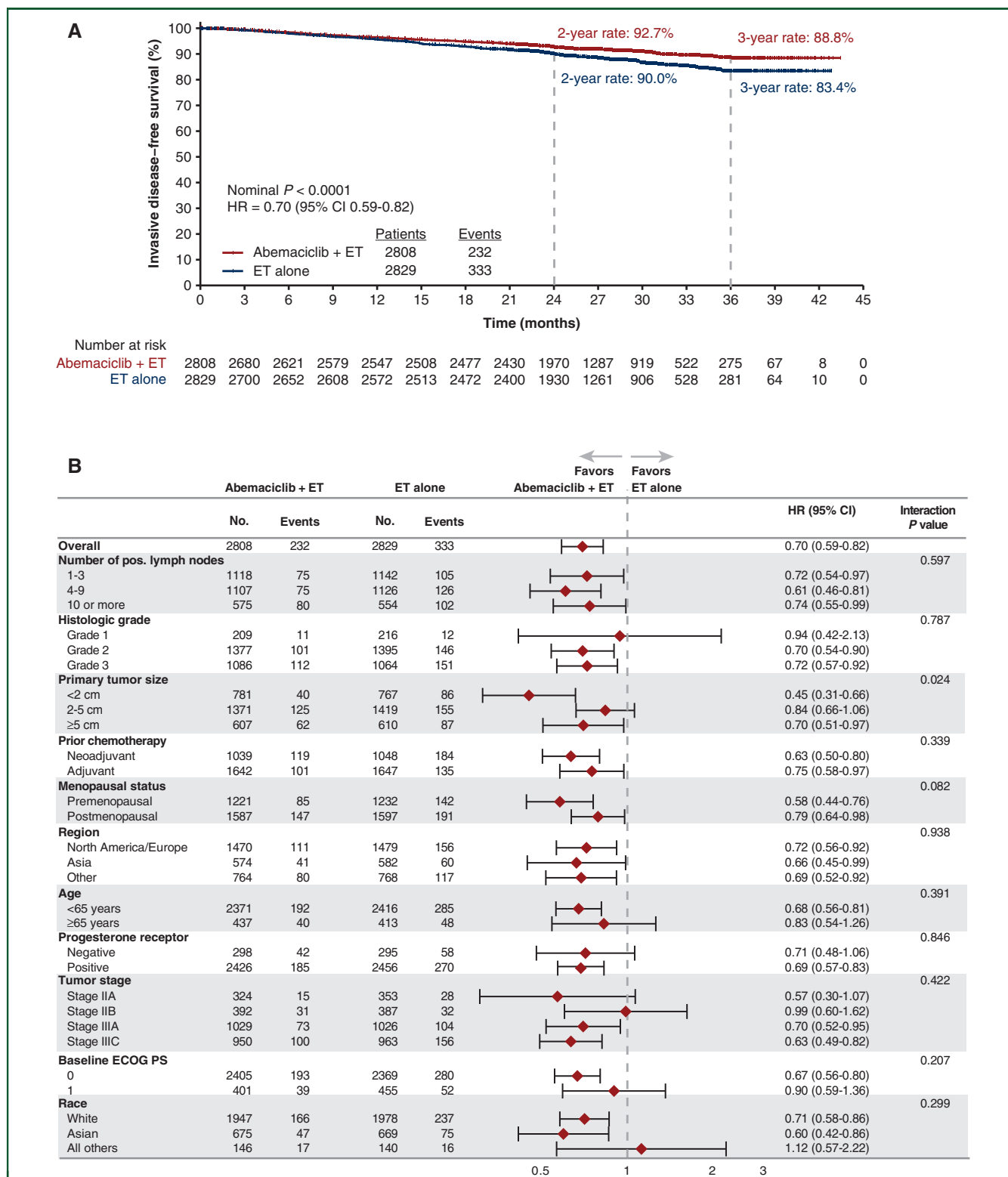
Figure 1. Invasive disease-free survival (IDFS) in the intent-to-treat (ITT) population at additional follow-up 1 (AFU1).
CI, confidence interval; ECOG PS, Eastern Cooperative Oncology Group performance status; ET, endocrine therapy; HR, hazard ratio.

ESO-ESMO criteria (recurrence within 2 years of beginning adjuvant ET).[20] Early recurrences represent the rapid outgrowth of endocrine-resistant subclinical disease that persist despite optimal systemic adjuvant treatment. The high rate of invasive recurrence in the ET alone arm of

monarchE (16.6% after 3 years) demonstrates that the trial enrolled a high-risk population, that could be placed in perspective by considering the outcomes from the patient population in Plan B that would have met enrollment criteria for monarchE (17.5% risk at 5 years).
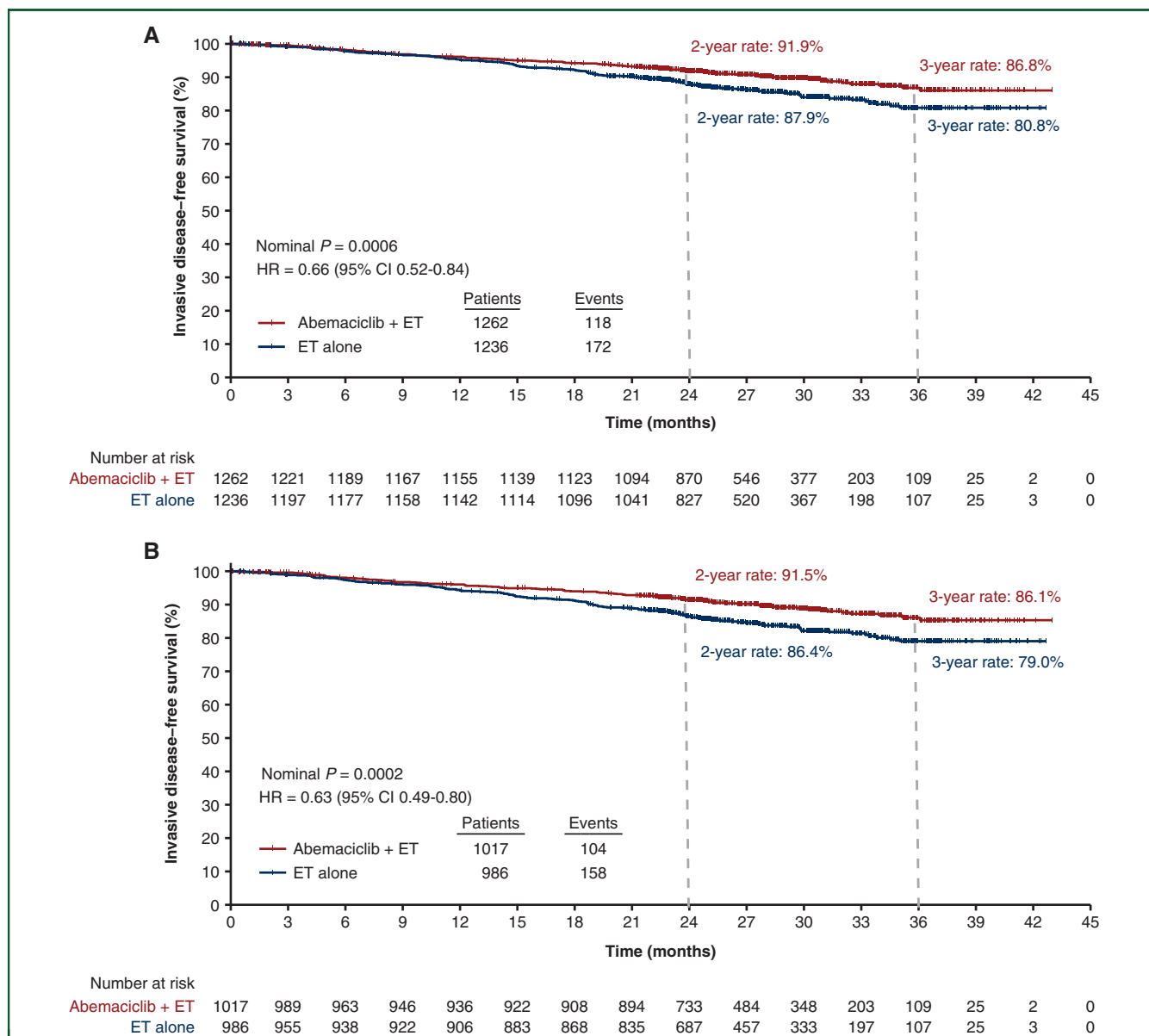
Figure 2. Invasive disease-free survival (IDFS) in (A) ITT Ki-67-high and (B) cohort 1 Ki-67-high populations at additional follow-up 1 (AFU1).
CI, confidence interval; ET, endocrine therapy; HR, hazard ratio.

Collectively, these data suggest that 2 years of abemaciclib treatment provide a meaningful benefit for this patient population. A 2-year abemaciclib treatment duration was selected to manage patients through their period of highest relapse-risk while simultaneously balancing the risk potential for side-effects.[21] Further follow-up is needed to determine the impact of adjuvant abemaciclib on later recurrences.

OS data remained immature and follow-up for survival outcomes is ongoing. Given the substantial reduction in the risk of developing invasive disease as well as distant recurrence and the maintenance of the treatment benefit over time, it is anticipated that the robust treatment benefit will translate to survival benefit.

Two phase III studies investigating palbociclib, another CDK4 and 6 inhibitor, in patients with HR+, HER2− EBC have recently reported no improvement in IDFS with the addition of adjuvant palbociclib to ET.[22,23] PALLAS enrolled 5760 patients with stage II-III disease and Penelope-B enrolled 1250 patients with residual disease after neoadjuvant chemotherapy and a clinical pathological staging-estrogen receptor grading score of ≥3, or score = 2 and tumor involvement in lymph nodes. The reasons for the differences in outcomes between these studies and monarchE are unclear. While the studies enrolled patients with different risks of recurrence, there was no numerical benefit in the subgroup of high-risk patients (58.7%) in PALLAS defined as having ≥4 positive nodes or 1-3 positive nodes with either T3/T4 and/or grade 3 disease. The treatment durations with the CDK4 and 6 inhibitors also differed between Penelope-B (1 year) and monarchE and PALLAS (2 years). In Penelope-B, the observed numerical difference
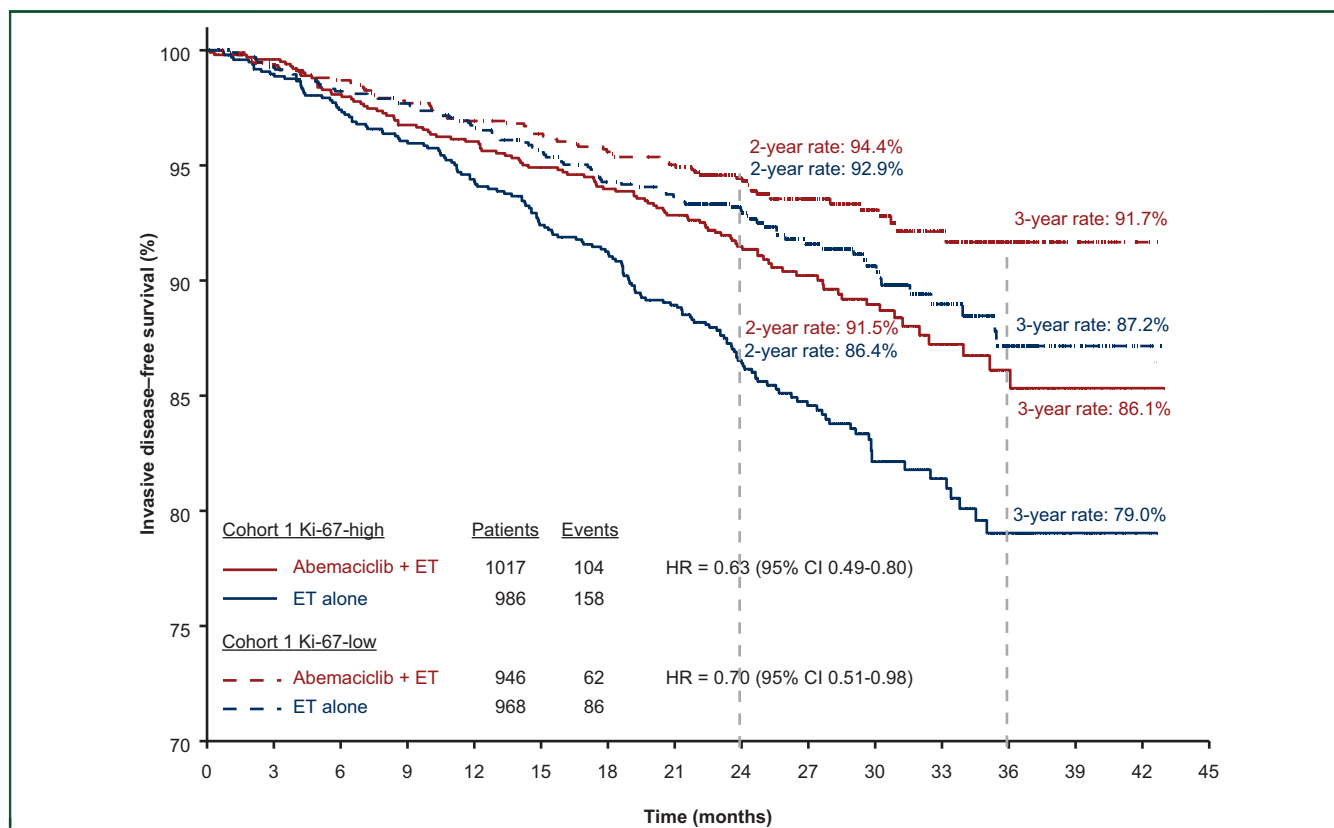
Figure 3. Kaplan-Meier curves of invasive disease-free survival in Cohort 1 Ki-67 high versus Ki-67 low at additional follow-up 1 (AFU1).
CI, confidence interval; ET, endocrine therapy; HR, hazard ratio.

favoring the palbociclib arm in the IDFS rates (4.3% and 3.5% at 2 and 3 years, respectively) was not sustained over time and the study did not show a statistically significant benefit. It remains unknown if the early separation of the IDFS KM curves reflected a transient treatment effect from palbociclib that diminished over time or could be attributed to statistical variability related to a small number of events at the earlier timepoints. In monarchE, the treatment benefit of abemaciclib + ET was statistically significant and clinically meaningful. This benefit was maintained over time and extended beyond the 2-year study treatment period.

Another potential explanation for the discordant outcomes to date for monarchE, PALLAS, and Penelope-B are the differences between drugs. Whereas abemaciclib is administered continuously daily, palbociclib is administered daily for 3 weeks followed by 1-week rest. In preclinical studies, abemaciclib has shown a tolerability profile that allows for a continuous dosing required for sustainable G1/S arrest and inhibition of tumor growth.[24,25] In addition, continuous inhibition of CDK4 and 6 by abemaciclib led to cell senescence and apoptosis to a greater extent than was seen with palbociclib.[25,26] It can be speculated that the differences in mechanism of action and the continuous versus intermittent dosing schedules may be more important in eradicating micrometastatic cells in an adjuvant setting, as opposed to established macrometastatic disease where both abemaciclib and palbociclib have shown relatively similar anticancer activity in regard to progression-free survival. Differences,

however, in OS benefit between abemaciclib and palbociclib have also been observed in the metastatic setting in combination with fulvestrant in patients who progressed after prior ET. Whereas palbociclib in combination with fulvestrant failed to show significant OS differences in the ITT population,[27] abemaciclib plus fulvestrant demonstrated a statistically significant OS benefit in the ITT population.[28]

The use of Ki-67 in clinical practice is historically challenging due to the high inter-observer variability and the lack of a standard threshold for determining high versus low values.[29] In monarchE, Ki-67 was measured at a central laboratory using a validated assay that was shown to be highly reproducible across different pathologists and laboratories using an automated staining protocol with a standardized scoring method.[17] This is the first phase III registration trial that has prospectively analyzed the utility of a prespecified, centrally confirmed Ki-67 threshold of ≥20% using a standardized assay and methodology. Abemaciclib + ET significantly improved IDFS in patients with Ki-67-high tumors in the ITT and cohort 1 populations. Within cohort 1, the benefit of abemaciclib was consistently observed regardless of Ki-67 index, suggesting Ki-67 is not predictive of abemaciclib treatment benefit. Because patients in cohort 1 with Ki-67-high tumors had a greater risk of recurrence than those with Ki-67-low tumors, we concluded that Ki-67 index was prognostic of recurrence. Overall, these data support use of Ki-67 ≥20% together with high-risk

clinicopathological features to identify patients with an even greater risk of recurrence.

In conclusion, adjuvant abemaciclib combined with ET showed statistically significant and clinically meaningful improvement in IDFS for patients with HR+, HER2−, node-positive, high-risk, EBC. Ki-67 index was a prognostic factor for recurrence in this treatment setting but was not predictive of the treatment effect with abemaciclib benefit being observed regardless of Ki-67 status. With 27 months median follow-up, abemaciclib + ET continued to provide a clinically meaningful benefit in IDFS and DRFS that extended beyond the 2-year treatment period, with a tolerable and manageable safety profile.

DISCLOSURE

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DATA SHARING

Lilly provides access to all individual participant data collected during the trial, after anonymization, with the exception of pharmacokinetic or genetic data. Data are available to request 6 months after the indication studied has been approved in the USA and EU or after primary publication acceptance, whichever is later. No expiration date for data requests is set once the data are made available. Access is provided after a proposal has been approved by an independent review committee identified

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for this purpose and after receipt of a signed data-sharing agreement. Data and documents, including the study protocol, statistical analysis plan, clinical study report, and blank or annotated case report forms, will be provided in a secure data-sharing environment. For details on submitting a request, see the online instructions.

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